

NATALIE CIAROCCO

Curriculum Vitae

Employment:

Associate Professor, Monmouth University, July 2012 – present
Assistant Professor, Monmouth University, September 2007 – June 2012
Assistant Professor, Florida Atlantic University, August 2003 – July 2007

Education:

Doctor of Philosophy in Experimental Psychology, Case Western Reserve University, August 2003
Master of Arts in Experimental Psychology, Case Western Reserve University, May 2001
Bachelor of Arts in Psychology, Case Western Reserve University, May 1999

Grants:

- Dinella, L. M., & **Ciarocco**, N.J. (2013). Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACTOP Conference). Society for the Teaching of Psychology's Small Grants—Promoting Partnership Program. (Amount awarded: \$325).
- Ciarocco**, N. J., & Dinella, L. M. (2012). *Grant in support of the 2013 Atlantic Coast Teaching of Psychology Conference*. Society for the Teaching of Psychology's Master Teacher Speaker Program. (Amount awarded: \$1,000).
- Dinella, L. M., **Ciarocco**, N. J., & Lewandowski, G. W., Jr., (2011). *Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$1,000).
- Ciarocco**, N. J., Dinella, L. M., & Lewandowski, G. W., Jr., (2011). *Atlantic Coast Teaching of Psychology Conference*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$1,000).
- Dinella, L. M., Ciarocco, N., & Lewandowski, G. (2010). Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference). American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$750).
- Dinella, L. M., **Ciarocco**, N. J., & Lewandowski, G. W., Jr., (2010). *Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. Society for the Teaching of Psychology's Small Grants—Promoting Partnership Program. (Award Amount: \$750).
- Lewandowski, G. W., Jr., **Ciarocco**, N. J., & Strohmets, D. B. (October, 2009). *TeachPsychScience.org: Resources for Teaching Research and Statistics in Psychology*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$4,908.50).
- Ciarocco**, N. J., Strohmets, D. B., & Lewandowski, G. W., Jr. (March, 2009). *Exemplar studies for teaching research methodology*. Instructional Resource Award from the Society for the Teaching of Psychology (Award Amount: \$1,500).
- Ciarocco**, N. J. (April 2008-present). *The positive implication of rumination*. Grant-in-Aid for Creativity, Monmouth University. (Award Amount: \$1,921).

Ciarocco, N. J. (May 2005-May 2006). *Incorporating writing into history of psychology*. Writing Across the Curriculum Grant, Florida Atlantic University (Award Amount: \$2,500).

Textbook Under Contract:

Lewandowski, G. W., Jr., Ciarocco, N., & Strohmets, D. B. *Discovering the scientist within: Research methods in psychology*. New York: Worth.

Publications:

- Ciarocco, N. J., Lewandowski, G. W., Jr., & Van Volkom, M.** (2013). The impact of a multifaceted approach to teaching research methods on students' attitudes. *Teaching of Psychology*, 40, 20-25. doi:10.1177/0098628312465859
- Lewandowski, G. W., Jr., **Ciarocco, N. J.**, *Pettenato, M. & *Stephan, J. (2012). Pick me up: Ego depletion and receptivity to relationship initiation. *Journal of Social and Personal Relationships* 29, 1071–1084.
- Lewandowski, G. W., Jr., **Ciarocco, N. J.**, & *Gately, E. L. (2012). The effect of embodied temperature on perceptions of global warming. *Current Psychology*, 31, 318-324.
- Ciarocco, N. J.**, *Echevarria, J. & Lewandowski, G. W., Jr. (2012). Hungry for Love: The Influence of Self-Regulation on Likelihood of Infidelity. *Journal of Social Psychology*, 152, 1-14. doi: 10.1080/00224545.2011.555435
- Ciarocco, N. J., Dinella, L. M., & Lewandowski, G. W., Jr.** (2011). Strategies for making psychology self-relevant in and out of the classroom. In R. Miller & B. Rycek (Eds.), *Promoting student engagement: Volume I: Programs, techniques and opportunities* [E-book]. Society for the Teaching of Psychology. <http://teachpsych.org/resources/e-books/pse2011/vol1/36.%20Self-relevance.pdf>
- Ciarocco, N. J., Vohs, K. D., & Baumeister, R. F.** (2010). Some good news about rumination: Task-focused thinking after failure facilitates performance improvement. *Journal of Social and Clinical Psychology*, 29, 1057-1073.
- Ciarocco, N. J.** (2007). Modeling of Behavior. In R. F. Baumeister & K. D. Vohs (Eds.), *Encyclopedia of Social Psychology*. Thousand Oaks, CA: SAGE Publications.
- Twenge, J. M., Baumeister, R. F., DeWall, C. N., **Ciarocco, N. J.**, & Bartels, J. M. (2007). Social exclusion reduces prosocial behavior. *Journal of Personality and Social Psychology*, 92, 56-66.
- Baumeister, R. F., DeWall, N., **Ciarocco, N. J.**, & Twenge, J. M., (2005). Social exclusion impairs self-regulation. *Journal of Personality and Social Psychology*, 88, 589-684.
- Vohs, K. D., Baumeister, R. F., & **Ciarocco, N. J.** (2005). Self-regulation and self-presentation: Regulatory resource depletion impairs impression management and effortful self-presentation depletes regulatory resources. *Journal of Personality and Social Psychology*, 88, 632-657.
- Vohs, K. D., & **Ciarocco, N. J.** (2003). Interpersonal functioning and self-regulation: A literature review. In R.F. Baumeister & K.D. Vohs (Eds.) *Handbook of Self-Regulation: Research, theory, and applications*. New York: Guilford.
- Baumeister, R.F., Twenge, J.M., & **Ciarocco, N. J.** (2002). The inner world of rejection: Effects of social exclusion on cognition, emotion, and self-regulation. In J. Forgas & K. Williams (Eds.), *The social self: Cognitive, interpersonal, and intergroup perspectives*. New York: Psychology Press.

Sommer, K. L., Williams, K. D., **Ciarocco**, N. J., & Baumeister, R. F. (2001). When silence speaks louder than words: Explorations into the intrapsychic and interpersonal consequences of social ostracism. *Basic and Applied Social Psychology*, 2, 225-243.

Ciarocco, N. J., Sommer, K. L., & Baumeister, R. F. (2001). Ostracism and ego depletion: The strains of silence. *Personality and Social Psychology Bulletin*, 27, 1156-1163.

Tice, D. T., & **Ciarocco**, N. J. (1998). Inhibition and self-control. *Psychological Inquiry*, 9, 228-231.

* indicates an undergraduate student

Awards:

Nominated for the MLK, Jr. Unsung Hero Award, Monmouth University, Spring 2010
Excellence and Innovation in Undergraduate Teaching Award (2006), Recipient from the Charles E. Schmidt College of Science; Florida Atlantic University
Professor of the Year (2006), Florida Atlantic University; MacArthur Campus
Professor of the Year (2005), Florida Atlantic University; Treasure Coast Campus
Verhosek Fund Award (2002), Case Western Reserve University
Alumni Travel Award (1999, 2000, 2001, 2002), Case Western Reserve University
Society for Personality and Social Psychology Travel Award (2000)
Mather Alumnae Award (1999), Case Western Reserve University
Summa Cum Laude, Case Western Reserve University (1999)
Phi Beta Kappa Society, Case Western Reserve University (1999)
Phi Beta Kappa Grant, Case Western Reserve University (1998)

Professional Service:

Atlantic Coast Teaching of Psychology Conference, 2011 Co-Founder & Co-Coordinator
Society for Personality and Social Psychology Conference, Reviewer, 2011
Social Psychological and Personality Science, Ad Hoc Reviewer, 2011
Social Psychology, Ad Hoc Reviewer, 2011
Journal of Social and Clinical Psychology, Ad Hoc Reviewer, 2011
Basic and Applied Social Psychology, Ad Hoc Reviewer, 2004, 2006, 2010
European Journal of Social Psychology, Ad Hoc Reviewer, 2010
Analysis of Social Issues and Public Policy, Ad Hoc Reviewer, 2009
Self and Identity, Ad Hoc Reviewer, 2008
Personality and Individual Differences, Ad Hoc Reviewer, 2003, 2004, 2008
National Science Foundation, Ad Hoc Reviewer 2006
Southeastern Psychological Association Conference, Reviewer, 2006
Intimate Relationships, 4th edition by Miller & Campbell for McGraw Hill, Reviewer 2004
Journal of Experimental Social Psychology, Ad Hoc Reviewer, 2003

University Service:

Monmouth University

First Year Advisor, July 2012

Faculty Peer Observer, July 2012

Department Academic Coordinator (DAC), July 2012

Faculty Council, May 2011 to present

Member, Working Group Freshman Seminar Spring 2010 to present

Master Tudor, Spring 2010

Member, General Education Task Force (Technology Literacy) Spring 2009

LC100 Instructor, Fall 2008, 2009
Career Adviser and Planner (CAP), 2008-09
Faculty Adviser, Habitat for Humanity 2007-2009
Faculty Advisor, Undergraduate Psychology Club, 2008-present
Faculty Advisor, Psi Chi: National Honor Society in Psychology, 2008-09
Chair, Search Committee for Specialist, Spring 2010
Psychology Department Newsletter (semi-annual), 2007-present
Psychology Department Academic Adviser, 2007-present
Fall Psychology Conference Chair, 2008
Spring Psychology Conference Chair, 2008, 2009, 2010, 2011
Key Note Speaker; Fall Psychology Conference, 2007

Florida Atlantic University

Phi Beta Kappa secretary/treasurer, 2006-07
Faculty Advisor, Psychology Association, 2003-2007
Psychology Undergraduate Adviser, 2003-2007
Member, Library Advisory Committee, 2005-2007
Member, Strategic Planning Committee, 2004
Member, Inauguration Committee, 2003

Conference Presentations:

- Lewandowski, G. W., Jr., & **Ciarocco**, N. J. (2012, October). *It All Starts with a Question: A New Perspective on Teaching Methodology*. Keynote address at the STP Best Practices Conference: Best Practices in Teaching Statistics and Research Methods, Atlanta, GA.
- Ciarocco**, N. J., Twenge, J. M., Muraven, M., & Tice, D. M. (2012, January). *The State Self-Control Capacity Scale: Reliability, Validity, & Correlations with Physical & Psychological Stress*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- *Gately, E. L., *Dambra, C. M., **Ciarocco**, N. J., & Lewandowski, G. W., Jr. (2011, March). *The influence of temperature sensations on global warming*. Paper presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.
- Lewandowski, G. W., Jr., **Ciarocco**, N. J., *Pettenato, N. & *Stephan, J. (2011, January). *The influence of ego depletion on the receptivity to relationship initiation strategies*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Ciarocco**, N., Strohmetz, D. B., & Lewandowski, G. W., Jr. (2011, January). *Teaching through example: How to use empirical studies to teach research methods*. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete, FL.
- Lewandowski, G. W., Jr., **Ciarocco**, N. & Strohmetz, D.B. (2011, January). *Teaching the Science of Psychology: A Collection of Resources*. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete, FL.
- Ciarocco**, N. J., *Echevarria, J. & Lewandowski, G. W., Jr. (2010, January). *Too weak to resist: The influence of self-regulation on infidelity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

- Ciarocco, N. J.** (2009, June). *Headliners: Making psychology self-relevant through current media*. Symposium conducted at Eastern Conference on the Teaching of Psychology, Staunton, VA.
- Ciarocco, N. J.** (2008, March) *The impact of rejection on pro-social behavior*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- *Pelaez, A. & **Ciarocco, N.** (2006, March). *The impact of regulation on persuasion*. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Ciarocco, N.** (2006, January). *Reflecting on unfulfilled goals: The beneficial effects of rumination*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Palm Spring, CA.
- Ciarocco, N. & Catanese, K. R.** (2005, February). *The Reflecting on Unfulfilled Goals: The positive impact of rumination on task performance*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Vohs, K.D., **Ciarocco, N.**, & Baumeister, R.F. (2005) *Self-presentation and self-regulation: Impression management abilities are paid in ego resources*. Social psychology winter conference, Park City, UT.
- Ciarocco, N., Baumeister, R. F.** (2004, February). *The beneficial effects of action rumination*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Vohs, K. D., **Ciarocco, N.**, & Baumeister, R. F. (2003, February). *Self-regulation and impression management: A resource-depletion account*. Self Pre-conference at Society for Personality and Social Psychology, Los Angeles, CA.
- Ciarocco, N., Schmeichel, B. J., Twenge, J. M., & Baumeister R. F.** (2003, February). *Helping in the face of rejection: Social exclusion hampers prosocial acts*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Ciarocco, N. J., Catanese, K. R., & Schmeichel, B. J.** (2002, September). *Happiness is lots of self-esteem, right?* Presentation at Sex, Drugs and Rock, and Roll student conference, Cleveland, OH.
- Ciarocco, N. J., Baumeister, R. F.** (2002, June). *Reflecting on failure: The benefits of rumination*. Poster session presented at the annual meeting of the American Psychological Society, New Orleans, LA.
- Ciarocco, N. J., Baumeister R. F.** (2002, February). *Pondering failure: The positive effects of rumination*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, GA.
- Ciarocco, N. J., Baumeister, R. F.** (2001, May). *Thinking about failure: The positive effects of rumination*. Paper presented at the Midwestern Psychological Association, Chicago, IL.
- Juola-Exline, J., **Ciarocco, N. J., Baumeister, R. F.,** (2001, February). *Forgive and regret? Misgivings in the wake of forgiveness and apology*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Ciarocco, N. J., Baumeister, R. F.** (2000, May). *Ostracism as a source of ego depletion: The consequences of ignoring others*. Paper presented at the Midwestern Psychological Association, Chicago, IL.
- Ciarocco, N. J., Baumeister R. F.** (2000, February). *Depleting effects of ostracism*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Nashville, TN.
- Ciarocco, N. J., Sommer, K. L., and Williams, K.D.** (1998, April). *On being ignored and not knowing why: The detrimental effects of ambiguous silence*. Paper presented at the Midwestern Psychological Association, Chicago, IL.

* indicates an undergraduate student

Professional Affiliations and Service:

Society for Personality and Social Psychology, 2000-present

Eastern Psychological Association, 2008-present

The Society for the Teaching of Psychology, 2004-present

Association for Psychological Science, 2002-2004, 2009-present

Southeastern Psychological Association, 2004-2007

Midwestern Psychological Association, 2001-2003

International Society for the Study of Personal Relationships, 2001